



Life Skills

BiMonthly Newsletter on Life Skills Education
Resources & Programs from



Learning Impact

JANUARY 2025

Unlocking Potential with Life Skills Education & Resources

Dear Readers

Welcome to the inaugural edition of Learning Impact Bi-Monthly Newsletter! We are thrilled to embark on this journey with you as we explore the transformative power of Life Skills Education and its impact on learners, educators, and communities.

According to research, emotional and social intelligence (EQ) accounts for up to 85% of the success that individuals achieve in life, yet our educational enterprise seems to focus more on the 15% that comes from cognitive intelligence (IQ) (Goleman 1995, Robinson 2006)

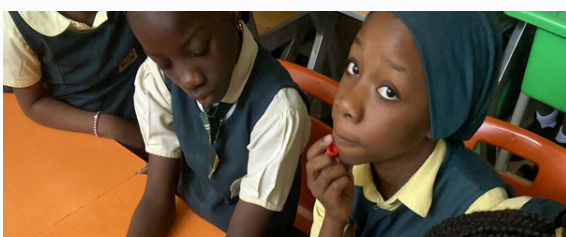


Oluwabukola Odjobo
Life Skills Consultant

That's why we are passionate about transforming the lives of our children and youth with the message of life skills education. Our newsletter showcases our content in our five life skills areas and the programs and activities we have embarked upon. There are also games, resources, and tools to empower our children and youth.

In This Edition

- Unlocking potential with Life Skills Education
- How to Budget
- What Makes People Creative
- Life Skills at Schools
- How to be Better
- How to become a Word Whiz
- Our Values
- This Months Best Seller
- Freebies
- Call for Partners



Playing our Finance Board Games at Rightsteps Montessori School

How to Budget

Budgeting helps you manage money wisely, preventing overspending and missed savings opportunities. Whether through pocket money, chores, or gifts, learning to budget early sets a strong foundation for future financial decisions.

A key part of budgeting is distinguishing between needs, wants, and desires. Needs are essential, like food and shelter, while wants make life enjoyable, such as toys or hobbies. Desires, on the other hand, are luxury items that aren't necessary. Prioritizing your spending by focusing on needs first, then wants, and saving for future desires ensures financial stability.

Budgeting involves planning your income by prioritizing needs, setting aside money for wants, and saving for future goals while tracking expenses to avoid overspending. The challenge is sticking to the budget, but keeping records, spending wisely, and adjusting when necessary can help. Practicing these habits early builds financial responsibility for managing bigger expenses in the future.



Ethical Financial Literacy Session at Prime Scholars School

What makes People Creative?

Creative people contribute to making the world better. Without creativity we wouldn't have smartphones, satellites in space or modern medicine to keep us healthy and free from disease.

The creative people who make the biggest difference in the world are driven by three things:

- 1) **Expertise:** To be creative, you need to be very good at what you do. This comes from practice, continuous learning and openness to feedback and correction
- 2) **Love for Your Work:** Creative people don't do things just because they want to earn money; they work because they love their work. It is their passion and they enjoy it.
- 3) **Skills for creativity:** Creative people know how to come up with plenty of ideas and then take time to select and develop the best ideas into solutions.

So, if you want to be creative and solve the problems around you, think about these three things and start applying them to your life

Life Skills at Schools

The Life Skills Africa Team spread the gospel of life skills education at more partner schools. Here are some pictures

PRIME SCHOLARS SCHOOL



GREENFIELDS PINNACLE SCHOOL



DEGRACIA MODEL SCHOOL



TODDLERS HAVEN AND EVEREST SCHOOL



GLISTEN INTERNATIONAL ACADEMY



LADELA SCHOOLS



LIGHTWAY ACADEMY



RIGHT STEPS MONTESSORI SCHOOL



Scan the QR Code to join our partner schools and enjoy our complimentary resources for students, parents and teachers



Featured articles

How to be Better

One of the most important lessons for children is the value of always striving to be better, no matter how skilled they are. Success comes from continually pushing oneself to improve, and those who learn this early are more likely to achieve great things.



Students at Greenfields Pinnacle School's enjoying the Fun Finance Board Game

Children who practice self-awareness, discipline, friendliness, and a constant desire to learn are more likely to succeed in life and make a positive impact on those around them. These behaviors should be cultivated from a young age, as they help shape a successful adult who makes meaningful contributions to family, friends, and society.

Self-awareness helps children understand expectations, learn from mistakes, and grow. Discipline teaches balance in work and play, while friendliness fosters strong relationships. Success also comes from continuous learning and resilience in facing challenges. Our storybook, *My Big Book of Leadership Stories*, shares inspiring tales of African children embracing these qualities.



Lightway Academy students learning while having FUN

How to become a Word Whiz

A word whiz is a master of communication and being a good communicator will help you succeed now and on future. The most successful leaders in the world are great communicators and so could you by learning about the following:

Listening: listen patiently to understand what others are saying rather than talking too much.

Writing: express your thoughts and ideas clearly when you write so you can influence others.

Speak Confidently: Learn to speak confidently so you can educate, inform, inspire, and persuade others.

Collaborate: Work with others in teams, because teamwork makes the dream work.

All the best on your journey to becoming a Word Whiz

Our Values

Values are the things that are most important to you. They determine how we behave and the decisions we take. Positive values like respect for others, justice and fairness; hardwork; embracing diversity; and peaceful coexistence are important to us as Nigerians

Discuss these national values with your parents and ask them about your family values.

African Proverb

“ The Lion does not turn around when the small dog barks ”

Our Partner Schools



Fun Finance Board Game

Master Money Skills with the Fun Finance Board Game! With just 8,500 naira, you can take the stress out of financial planning with Learning Impact's Fun Finance Board Game! Designed to teach essential life skills, this engaging game helps players develop smart budgeting, saving, investing, and decision-making strategies in a fun and interactive way. Whether for classrooms or family game nights, it's the perfect tool to build financial confidence and lifelong money management skills. Play, learn, and take charge of your financial future today!



Freebies* Play our Present Like A Star Game*

🎉 Unlock Fun & Learning for Free! 🎉 Scan the code to access Learning Impact's FREE Life Skills Game Gift—an engaging, interactive way to build essential life skills while having fun! Perfect for learners of all ages, this game turns everyday challenges into exciting opportunities for growth. Don't miss out—scan now and start playing! 🎮

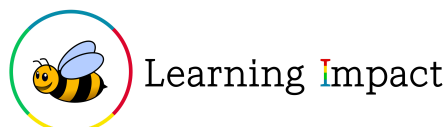


Call for Partners

We believe that life skills education makes the difference in the lives of those that possess them, and we would like all our children and youth to be prepared better with these life skills. We need your support and partnership to make this happen! Call us on 09139682150 to find out more about how you can make a difference with life skills



Leadership | Financial Literacy | Communication Skills | Creativity & Innovation | Politeracy & Civication



Life Skills is the bi-monthly newsletter of Learning Impact that engages schools, students, parents, and other stakeholders interested in spreading the gospel and impact of life skills education in Nigeria, Africa and beyond